

# THIS WEEK ON **FORMED**

## Week of June 09, 2024



### The Three Secrets to Sharing the Faith by Trent Horn

Want to tell others about your Catholic Faith, but don't know where to start? Afraid you're not smart enough, knowledgeable enough, or outgoing enough? Don't worry, says Catholic Answers apologist Trent Horn. With a few simple tips and a little practice, anyone can be an effective apostle and evangelist. In *The Three Secrets to Sharing the Faith*,



### Sacrifice | The Catholic Parent | Episode 4

It's an understatement to say marriage demands a lot. Family life and raising children demand even more. Isn't fulfilling those duties enough? Why does the Church teach that we should fast, and what does that mean practically? In this episode, Sr. Rachel Marie discusses these questions alongside the real-life witness of Catholic families. Turning to the story of St. Gianna Beretta Molla will leave you with the confidence needed to practice fasting as a family.



### The Ballad of Barnabus Bundle | Benjamin Cello | Episode 1

When Aunt Rhody loses Old Gray Goose and her potato crop too, Benjamin Cello breaks into his savings to help his friend in her time of need. Along the way, Aunt Rhody recalls the tragic tale of greedy Barnabus Bundle who tore down his barns to build bigger ones.

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